



Alexander
Aesthetics

Post Treatment Care

Botulinum Toxin Type-A

- Do not rub or massage treated area, be assured any marks or bumps will disappear.
- Do not apply make-up for up to 4 hours after treatment.
- Do not perform any strenuous exercise for up to 6 hours.
- Do not drink alcohol for 6 hours.
- Do not lie down for 4 hours after treatment.
- If you have any bruises you may apply Arnica Gel or cream to the area.
- Avoid having a facial for 24 hours.
- Do not take any long haul flights for 24 hours.
- If you have any worries or queries about your treatments please contact your practitioner on _____



Dermal Filler Post Treatment Care

Post treatment, there may be some redness, swelling or tenderness at the treatment site. Occasionally some bruising may occur around the treated area; this is usually short term and will subside within a few days. Lip treatments may take a little longer to settle.

Avoid wearing make-up post treatment for 12 hours; there is no need to massage this product unless instructed to do so by your practitioner.

Until the initial swelling or redness has resolved, do not use sun beds, saunas, steam rooms and avoid extreme temperature. Always wear a high factor sun block on your face.

If taking aspirin or any similar medication, this may increase the risk of bruising and discolouration to the skin, at the injection site.

Finally make sure you discuss your treatment program with your practitioner, this will enable you to get the best correction from your dermal filler.

If you have any worries or queries about your treatments please contact

Dr. Harrison on 07831636876_____